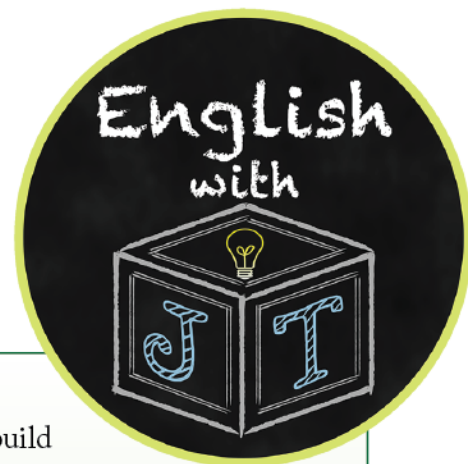


Lesson 4

► What to wear outdoors?



After a long winter, the snow has melted and the birds have returned to build their nests.

The springtime is here!

Like the birds, it's time for me to prepare for spring outdoors.

The weather is still quite damp and cold, so I need proper clothing to keep warm and dry.

Hi everyone and welcome to English with JT.

Today we'll cover outdoor clothing for all seasons in Canada.

We'll learn the names of the different types of outdoor clothing.

I will also share popular places to go shopping for outdoor clothes in Canada.

For our grammar part, I'll talk about adjectives and adverbs.

In the springtime, there is so much happening in nature.

The birds are making nests. Squirrels and other animals are running around to find food.

All of them are busy preparing for new families.

When it comes to clothes, things are less complicated for animals.

They are so lucky to only have a summer fur coat and a winter fur coat to think about.

For us, it can be more complicated, because we typically wear different clothes for different occasions and different activities.

As a nature lover, I enjoy many outdoor activities like hiking, biking, camping and fishing.

When I go hiking in the forest, I like to wear my hiking boots, a waterproof jacket and a hat.

Getting an early start on the garden here means that days are usually chilly and wet.

Luckily I have this fleece sweater to stay warm.

These work gloves are great to protect my hands.

Of course my rubber boots will keep my feet dry from the wetness around the yard.

We just talked about the birds returning for spring and summer.

Let me tell you about another popular bird in Canada that likes to come home for the spring.

We call it the snowbird. Well, it's not really a bird.

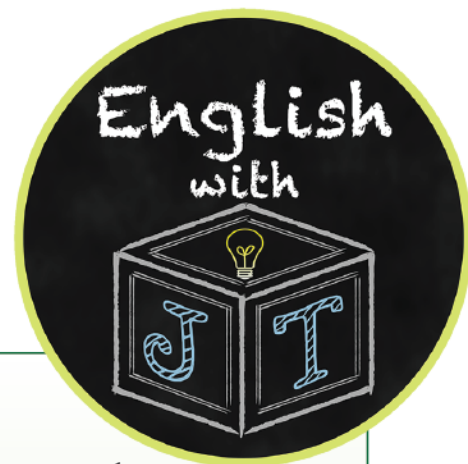
It's a nickname we give to Canadians that travel south to live for the winter.

Like the birds, they typically go to Florida because they prefer the warmer weather.

There they can enjoy wearing their summer clothes all through the winter months.

Lesson 4

► What to wear outdoors?



Golf is a very popular game in Florida and also during the summer here. Dressing up for a golf game, we can wear casual clothes like a polo shirt, pants or shorts, to be both casual and comfortable. In the hot sun, a baseball cap and sunglasses provide good protection from getting a sunburn!

With the winter all finished, there is just one thing left to do. I have washed all my winter clothes and now it's time to put them away. While I am busy doing this, let's have a last look at my winter clothes for the season and learn some of the names for winter clothing.

This is my scarf and a pair of mittens. Of course I have a big warm jacket here. Ahh, my old snow pants are really comfortable. It is probably because of these nice suspenders. Oh, and finally, here is my nice warm tuque.

You might be more familiar with the name stocking cap. Tuques were first knitted with wool, so you can also call this a knitted cap or a wool cap. Although in Canada, tuque really is the popular name. That's because we share a lot of English and French culture here and tuque was first a French word.

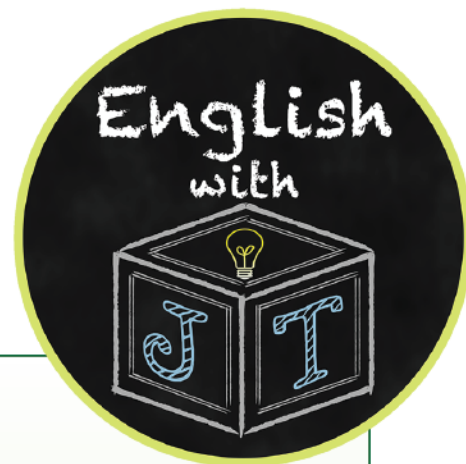
One last thing, I'll also need to clean my winter boots. They are quite dirty with the sand and salt that cover the roads and sidewalks here in the wintertime.

Comfort and easy care are the most important things when I shop for something to wear. In Canada, there are many outdoor clothing stores available. Some of these stores specialize in general clothing for everyday outdoor activities. One of these stores is Mark's Work Wearhouse (in Québec it's called L'Équipeur). In a department store, like The Bay, you can find a good collection of general clothing.

Meanwhile, other outdoor clothing stores are better known for selling sports and recreation equipment. Most of the outdoor clothes we find in these stores can also be called sportswear. Some of the more popular stores selling sportswear are: Mountain Equipment Coop (MEC), Sport Chek, Sports Experts and Atmosphere.

Lesson 4

► Grammar: adjective and adverb



Adjectives and adverbs are two of the four main word classes in English, along with nouns and verbs.

ADJECTIVE

An adjective describes the qualities of people and things. It refers to a characteristic of a noun or pronoun.



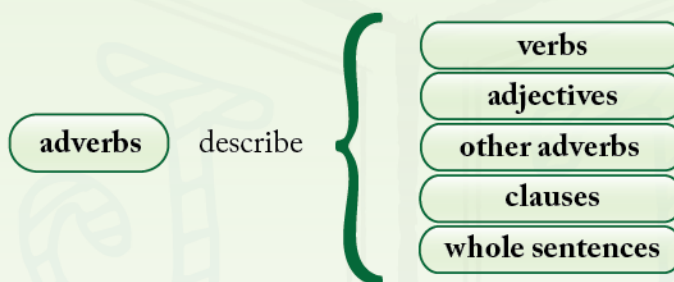
For example:

- the *outdoor* clothing
- a *popular* game
- The weather is *damp*.
- They are so *lucky*.

Words like *outdoor*, *popular*, *damp* and *lucky* are all adjectives.

ADVERB

An adverb generally indicates the time, location, manner or frequency of an event or action. It describes a verb, an adjective, another adverb, a clause or a whole sentence.



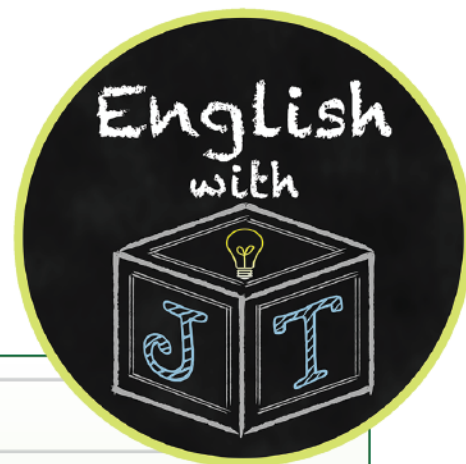
For example:

- In spring, I love to work *outdoors*.
- They travel *south* to live.
- It can be *more* complicated.
- *Luckily*, I have this fleece sweater.

Words like *outdoors*, *south*, *more* and *luckily* are all adverbs.

Lesson 4

► Grammar: adjective and adverb



LINKING VERB

adverbs

describe

verbs

adjectives

describe

linking verbs

In general, verbs are described by adverbs.

However there are some special verbs that are often followed by adjectives instead of adverbs.

We call these verbs the linking verbs.

Here are some examples of the linking verbs:

be become feel look remain seem smell sound stay taste turn

For example:

- I have this fleece sweater to stay *warm*.
- You look *good* in that sweater.

Here *warm* and *good* are the adjectives that are used to describe the linking verbs *stay* and *look*.